

# MANA

## OCEAN CHALLENGE

SATURDAY, 30 APRIL 2011  
MANA, PORIRUA

PROUDLY SUPPORTED BY



[www.fergskayaks.co.nz](http://www.fergskayaks.co.nz)

### COORDINATORS

Jörn Scherzer: 021-1250997

James Sadler: 021-717017

[mana.ocean.challenge@gmail.com](mailto:mana.ocean.challenge@gmail.com)

## WHEN

Saturday, 30 April 2011. Wellington is not known as a sub-tropical place but at that time of the year it's still quite warm. So no excuses!

## HOW LONG

The official distance is 29km of ocean paddling, downwind. The course runs along the coast but for those that have been to Wellington, it can get rough out there.

## WHO

There are four official divisions that attract awards:

- Open Men Single Outrigger Canoe
- Open Women Single Outrigger Canoe
- Open Men Single Ocean Surf Ski
- Open Women Single Ocean Surf Ski

Sorry, there are no age divisions but you will know how well you did. The race is also open to OC2 or OC6.

This race is for experienced paddlers only.

If you are a new to ocean paddling or are not comfortable in rough water, this race is NOT for you. Do the work and compete next year. However, please come along as a supporter or volunteer to make it a great day for all.

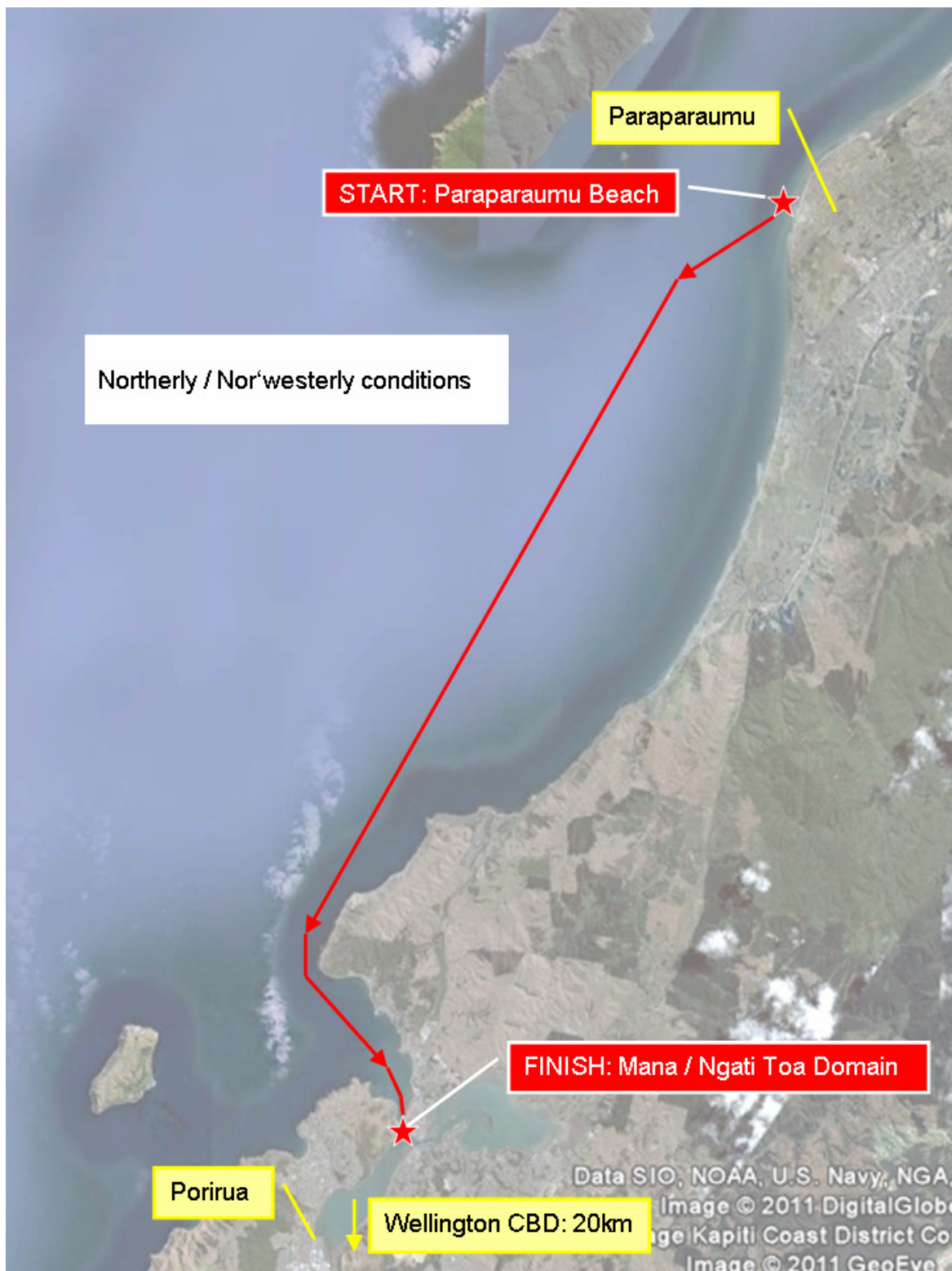
## THE RACE COURSE

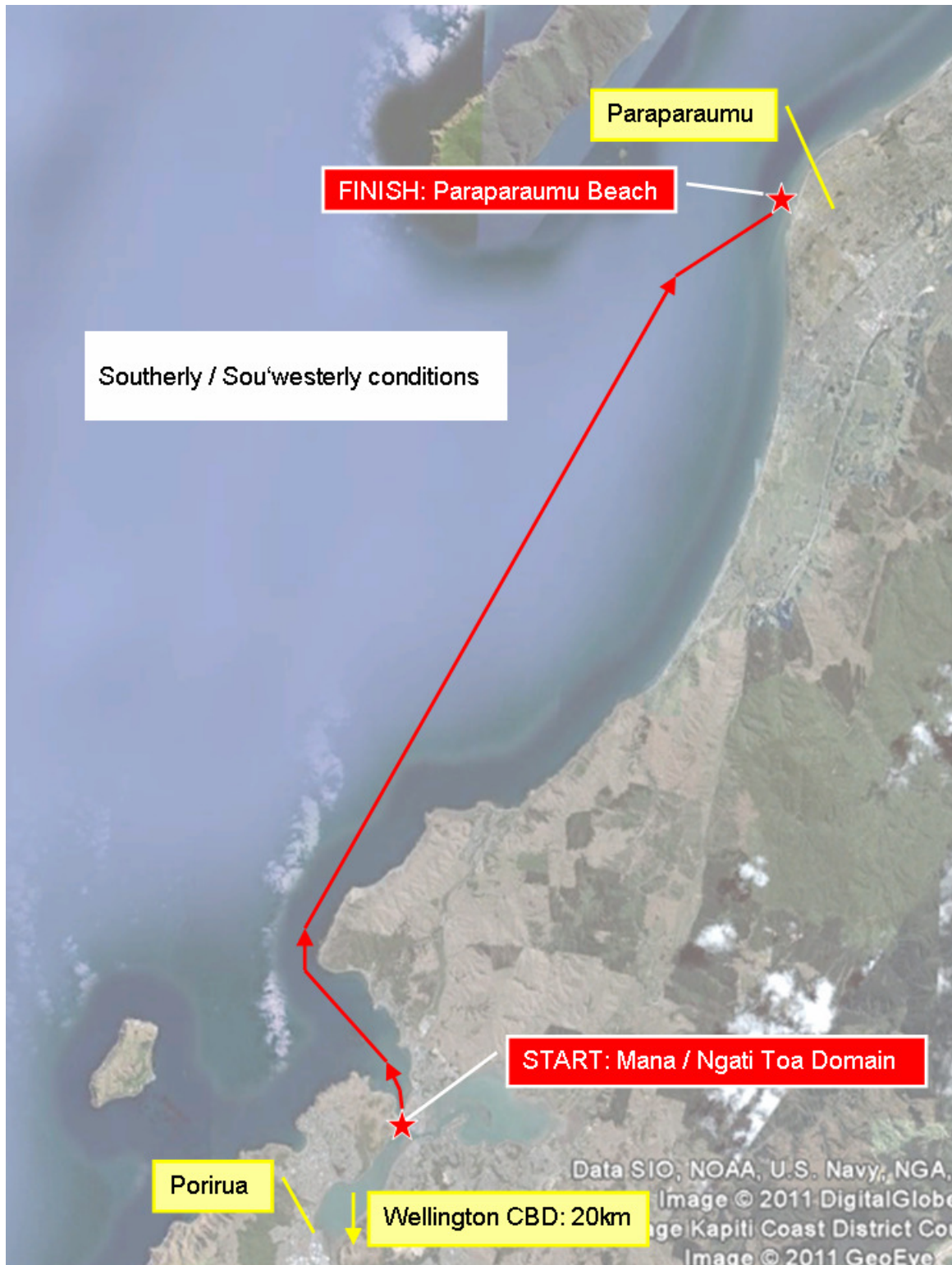
This is a downwind race! Depending on the wind direction, we will either paddle South (with the start at Paraparaumu, see race course 1) or North (with the start at Mana, see race course 2). We will determine on race day which way we will run and inform you at the race briefing.

As this is Wellington, there should be no shortage of wind, but we do have the odd day of no wind. In that case you will have to work harder.

On the other hand, gale force winds are not unheard of around here. In case of severe conditions (eg 30knots+), we can run the event within the Mana area, incorporating the two inlets and possible runs around the Mana reef at the Porirua Harbour entrance. (In this case, the race will not be fully downwind.)

For those wanting to follow the race, there is a good view point at Pukerua Bay, at the top of Pukerua Beach Road. Bring your binoculars.





## HOW DO I GET THERE?

Mana (Ngati Toa Domain):



Paraparaumu Beach:



Pukerua Bay (view point):



Dinner & awards: Monteith's Brewery Bar



Need more help? Check out [www.maps.google.co.nz](http://www.maps.google.co.nz).



Everyone is required to fill in and sign his or her own ASSESSMENT OF RISK AND RELEASE OF LIABILITY ENTRY FORM before they race, accepting his or her own responsibility for being on the water that day and acknowledging that they are competent in the conditions before them.

You need to take responsibility for yourself and provide all of your own safety equipment. There will be safety checks for all vessels. You will not be able to race without all the safety equipment.

## YOU MUST HAVE

<b>LEASH</b>	Use it! We will have water starts so no excuses.
<b>LIFE VEST</b>	You will have to carry one on your boat. If the conditions are rough, race organisers will require you to wear it.
<b>FLARE</b>	Use it if you get in serious trouble. However, use it only when you are in visual distance to a support vessel. They do not last long.
<b>SPARE PADDLE</b>	Outriggers only. You will need one if you break or lose your paddle.
<b>HYDRATION AND FOOD</b>	You must carry enough food and fluid to sustain you for the entire race. Hydration is crucial.
<b>BAILER</b>	Cockpit outrigger canoes only.

## HIGHLY RECOMMENDED

<b>WHISTLE</b>	If you need help, use it to attract attention.
<b>EXTRA CLOTHING</b>	Wellington is great on a sunny day and April is still quite warm. However, it's not known to be a sub-tropical place either. Make sure you are prepared for all weather conditions.
<b>CELL PHONE</b>	Make sure it is charged up and in a waterproof bag.
<b>SPRAYSKIRT</b>	Cockpit outrigger canoes only.

Please also refer to the NKOA race rules regarding requirements for long distance races, available at [www.wakaama.co.nz](http://www.wakaama.co.nz).



## RACE SCHEDULE

We will all meet at Mana. Once all have gathered and registered, we will give you instructions as to which way we will race.

### 8:00 REGISTRATION

Sign-in

### 9:15 BRIEFING

Karakia, weather conditions, race course, race rules, safety procedures

### 9:30 SHUTTLES

Load shuttle vehicles and head to the designated race start. You must provide your own shuttle.

### 10:30 PRE-RACE

Safety checks, final briefing, head out to start line.

### 11:00 OUTRIGGERS RACE START

Male and female OC1 paddlers will start together.

### 11:15 SURF SKI RACE START

Male and female Surfski paddlers will start together.

### FROM 1:15 RACE FINISH

Approximate finish time of the lead canoes.

**Major spotprize:**  
A full-carbon  
**GROUNDWELL** paddle

### 5:30 DINNER AND AWARDS

Mix and mingle at Monteith's Brewery Bar, grab a beer and have laugh with your mates.

## HOW MUCH?

\$70 Competitor Fee

This will get you a chance to show your mates what you are made of, a chance to win an award, a cap, a meal at the after-function, and a chance to win a spot prize, including a full-carbon GROUNDWELL paddle.

You can pay by direct credit to our bank account (or alternatively by cheque). Ensure you give your name / team name as reference. The account details are as follows:

Westpac: Mana Race  
03-1588-0059031-002

***The deadline for entries is Thursday, 21 April 2011.***

We aim to have 1 support boat for every 10-15 entries. In order to achieve this we may have to cap entries. Please help us and get your entries in early.



Trish Tamapeau

We may (or may not) allow late entries on race day. The Competitor Fee for a late entry is \$100. Note that if you have not paid by 21 April 2011, your entry will be considered late. Unfortunately we cannot guarantee a cap and meal for late entries.

If you cannot, or don't want to, paddle this time around you can purchase a \$20 meal ticket for the after-function.

Alternatively, if you would like to volunteer your time to help staff the support boats or help out on the shore (eg timing, safety checks), we would love to hear from you. Please contact James Sadler on 021-717017 or [james.sadler@oracle.com](mailto:james.sadler@oracle.com), or Jörn Scherzer on 021-1250997 or [joern.scherzer@gmail.com](mailto:joern.scherzer@gmail.com).

## DISCLAIMER

In case of severe weather conditions, a natural disaster, or events beyond the control of the organisers, the event may be cancelled without refunds of entry fees.

## OUR SPONSORS

**Trish Tamapeau**  
p.o. box 50235,  
porirua 5240, new zealand  
  
mobile 0274 488 903  
anytime 04 237 3409  
office fax 04 237 8186  
email [trishremax@clear.net.nz](mailto:trishremax@clear.net.nz)  
website [www.remax.co.nz](http://www.remax.co.nz)  
  
RE/MAX Villa Real Estate Ltd. Licensed under the REAA 2008  
Each office independently owned and operated



[www.fergskayaks.co.nz](http://www.fergskayaks.co.nz)





# MANA OCEAN CHALLENGE 2011

## ASSESSMENT OF RISK & RELEASE OF LIABILITY-ENTRY FORM

YOU MUST READ THIS IN ITS ENTIRETY BEFORE SIGNING

1. I the undersigned have paid the entry fee to participate in the Mana Ocean Challenge 2011. This represents to officials that I am an experienced paddler, fully acquainted with the sport of ocean paddling and therefore qualified to race.
2. It is understood that the race will be approximately 30km, which will begin at Paraparaumu Beach and finish at Mana, or vice versa, and that this requires two to four hours of strenuous paddling in either completely flat to very rough ocean conditions.
3. I acknowledge and understand the nature of ocean paddling and that I am qualified, in good health, in proper physical condition to participate in such an activity and willingly agree to comply with the stated and customary terms and conditions of participation.
4. It is understood that participating in competitive ocean paddling can involve substantial risks. I fully understand that ocean paddling and related activities involve risks and dangers of damage to personal property and serious bodily injury, including permanent disability, paralysis, and death. These risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the activity, or the condition in which the activity takes place.
5. It is understood that the decision to hold a race of this nature does not mean that the ocean conditions are safe for all paddlers' abilities and crafts. I have personally assessed the water and weather conditions on the day and have made my own decision to participate in this event. I further agree and warrant that if at any time I believe conditions to be unsafe for my ability, I will immediately notify the nearest official and discontinue further participation in the event.
6. I certify that I am a competent swimmer, able to perform a self-rescue if I come off my craft. I certify that my craft is seaworthy, that I will be wearing/or carrying appropriate clothing for all conditions and that I will have on board all up to date safety gear as required and outlined under the safety equipment required.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

### ENTRY

Division:                      OC1 Men                      OC1 Women                      SS1 Men                      SS1 Women                      Other

Name:	<input type="text"/>	Contact number	<input type="text"/>
Email:	<input type="text"/>	DoB / Age	<input type="text"/>
Next of kin	<input type="text"/>	Contact number	<input type="text"/>
Signature	<input type="text"/>	Date:	<input type="text"/>

Please inform us if you have specific catering requirements (eg vegetarian).

### OFFICIAL USE

Paid:                                      Bank Ref:                                      Form Complete:                                      Race Number:

### CONTACTS

CO-ORDINATORS:      Jörn Scherzer                      021-1250997                      [joern.scherzer@gmail.com](mailto:joern.scherzer@gmail.com)  
                                 James Sadler                      021-717017                      [james.sadler@oracle.com](mailto:james.sadler@oracle.com)

ENTRIES TO:                      [mana.ocean.challenge@gmail.com](mailto:mana.ocean.challenge@gmail.com)  
                                 Mana Ocean Challenge; 38 Staithes Drive North, 5024 Whitby, Porirua

BANK ACCOUNT:                      \$70 to Westpac, Mana Race, 03-1588-0059031-002