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**wakaama**  
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## 2012 New Zealand Post National Waka Ama Long Distance Championship

PANUI 3 - FINAL



**eatme**  
**SUPPLEMENTS**



**MaNa**  
COMMUNITY GRANTS  
FOUNDATION



[www.fergskayaks.co.nz](http://www.fergskayaks.co.nz)



## LAST WORDS

Before the 2012 New Zealand Post National Waka Ama Long Distance Championship gets under way, we would like to let you know (and remind you) about a few things to make this event as enjoyable as possible for you.

## THE WEATHER...

...forecast looks fantastic.

## REGISTRATION

When you come down to the race venue, make sure you check your team in at Registration. Please bring your ID cards. If you are still waiting for your ID card from NKOA, please bring some other form of ID. Your team will need to sign a waiver.

Registration will be open on Friday 4-7pm, Saturday, and Sunday morning for team and paddler registration. Each paddler will receive a pack. Have a look at Panui 2 for the event site layout.

Registration is also the place to go to if you have questions or need help.

## PROGRAMME

We have corrected a minor mistake in terms of the scheduled time for the race start for the W1 men. The amended programme can be downloaded from [www.hoetonga.co.nz](http://www.hoetonga.co.nz). Note also that all W6 competing in the 10km short course events will now start together on Sunday at 9am.

## SAFETY GEAR

Just another friendly reminder about the safety gear you will need. You will need things such as skirts for cockpit canoes and flares for every canoe.

### W6:

- Skirts fitted
- 2x bailers or hand/foot pump (motorised pumps are prohibited)
- life jacket for each paddler
- 2x spare paddles
- Flare
- tow rope (25m), one end fitted to the front taumanu

### W1 and W2:

- adequate bailer and skirts OR self-bailing system (cockpit canoes only)
- life jacket for each paddler
- spare paddle
- flare
- leg leash (sit-on-top W1 only)



## APPAREL

Event apparel (shirts, caps) will be for sale during the event. Payment will be by cash only.

## W1 WEIGH-IN

W1 may be weighed before each race on Sunday. Be prepared and bring weights (bottles with sand?) if you need them to bring your W1 up to 16kg.

## UNIFORMS

Don't forget your team uniforms. This means at least the same race shirt for every paddler in your team.

## AFTER-FUNCTION

Due to unforeseen circumstances the after-function will now be held at Plimmerton School Hall. But don't worry! The change is for the better, and like the previous venue, it is only a 5 min drive from the event site.

After the W6 Men events on Saturday, 21 April, please make your way to Plimmerton School, mix and mingle, and enjoy the meal and price-giving.

Note that all paddlers, including those that only compete in the W1, W2 and W6 short course events, are able to attend the after-function on Saturday to enjoy a great meal and the company of your mates. You will find the meal tickets in your race packs.



No BYO. The venue has full catering and a range of beverages will be available.

## VOLUNTEERS

Thanks to all those volunteers who are giving their time to ensure this event will be a success. Please gather in the hall at Ngati Toa Sea Scouts on Saturday and Sunday morning at 7am sharp to prepare for the day. Food and drink will be provided during the day.