

Waka Ama Coaching Clinics

with

Turi Hodges

- Getting geared up for marathon season 2017?
- Want to enhance your W1 skills for ocean paddling?
- Want to build your steering skills and knowledge for ocean season?
- Want to develop your coaching skills and knowledge around ocean paddling?

Come and get some tips and ideas from this fulla ...



CLINIC 1: W1 OCEAN PADDLING

9.00am–3.00pm, Saturday 28 January 2017

- For paddlers and coaches keen to develop their W1 ocean paddling skills and knowledge for long distance season

CLINIC 2: OCEAN STEERING

9.00am–3.00pm, Sunday 29 January 2017

- For paddlers and coaches keen to develop their steering skills and knowledge for ocean paddling during long distance season
- Relevant for W1 and W6 paddlers

WHERE:

PCKC Clubrooms (Titahi Bay Boating Club), in the carpark on the corner of Onepoto Road and Gloaming Hill, Titahi Bay, Porirua

COST:

\$60.00 per clinic, or book in for both for \$100.00

WHAT YOU NEED TO KNOW:

- Very limited places available
- Includes on-water and off-water sessions (bring your own W1 or V1 to Clinic 1– if you don't have a waka, we will supply one for you)
- Bring your own lunch – tea and coffee provided
- BYO paddle and life jacket
- Postponement date to be confirmed if weather is cake!

To book your spot, please email pania@huia.co.nz

For more information about the clinics, please contact Pania Tahau-Hodges on 021 645 625.

This is a Porirua Canoe Kayak Club fundraising initiative to support our Junior PCKC Ocean Team. All funds raised will be used towards taking our team on trips this year, to help them develop as ambassadors of our sport.

THANK YOU FOR YOUR SUPPORT!