



SCHEDULE - DAY 1

Sat, 7 Mar 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Boys U16 - W1 250m	Heat	1 / 3	8:30 am	
002	Boys U16 - W1 250m	Heat	2 / 3	8:34 am	
003	Boys U16 - W1 250m	Heat	3 / 3	8:38 am	See Race 015
004	Girls U16 - W1 250m	Heat	1 / 4	8:42 am	
005	Girls U16 - W1 250m	Heat	2 / 4	8:46 am	
006	Girls U16 - W1 250m	Heat	3 / 4	8:50 am	
007	Girls U16 - W1 250m	Heat	4 / 4	8:54 am	See Race 018
008	Girls U19 - W1 250m	Heat	1 / 2	8:58 am	
009	Girls U19 - W1 250m	Heat	2 / 2	9:02 am	See Race 021
010	Boys U19 - W1 250m	Heat	1 / 3	9:06 am	
011	Boys U19 - W1 250m	Heat	2 / 3	9:10 am	
012	Boys U19 - W1 250m	Heat	3 / 3	9:14 am	See Race 022
013	Novice Boys U16 - W6 250m	Champ Final		9:18 am	
014	Novice Girls U16 - W6 250m	Champ Final		9:22 am	
015	Boys U16 - W1 250m	Bowl Final		9:26 am	See Race 016
016	Boys U16 - W1 250m	Plate Final		9:30 am	See Race 017
017	Boys U16 - W1 250m	Champ Final		9:34 am	
018	Girls U16 - W1 250m	Bowl Final		9:38 am	See Race 019
019	Girls U16 - W1 250m	Plate Final		9:42 am	See Race 020
020	Girls U16 - W1 250m	Champ Final		9:46 am	
021	Girls U19 - W1 250m	Champ Final		9:50 am	
022	Boys U19 - W1 250m	Plate Final		9:54 am	See Race 023
023	Boys U19 - W1 250m	Champ Final		9:58 am	
024	Boys U16 - W6 250m	Heat	1 / 4	10:02 am	
025	Boys U16 - W6 250m	Heat	2 / 4	10:05 am	
026	Boys U16 - W6 250m	Heat	3 / 4	10:08 am	
027	Boys U16 - W6 250m	Heat	4 / 4	10:11 am	See Race 040
028	Girls U16 - W6 250m	Heat	1 / 5	10:14 am	
029	Girls U16 - W6 250m	Heat	2 / 5	10:18 am	
030	Girls U16 - W6 250m	Heat	3 / 5	10:22 am	
031	Girls U16 - W6 250m	Heat	4 / 5	10:26 am	
032	Girls U16 - W6 250m	Heat	5 / 5	10:30 am	See Race 044
033	Girls U19 - W6 250m	Heat	1 / 4	10:34 am	
034	Girls U19 - W6 250m	Heat	2 / 4	10:37 am	
035	Girls U19 - W6 250m	Heat	3 / 4	10:40 am	
036	Girls U19 - W6 250m	Heat	4 / 4	10:43 am	See Race 049
037	Boys U19 - W6 250m	Heat	1 / 3	10:46 am	
038	Boys U19 - W6 250m	Heat	2 / 3	10:49 am	
039	Boys U19 - W6 250m	Heat	3 / 3	10:52 am	See Race 052
040	Boys U16 - W6 250m	Saucer Final		10:55 am	See Race 041
041	Boys U16 - W6 250m	Bowl Final		10:58 am	See Race 042
042	Boys U16 - W6 250m	Plate Final		11:01 am	See Race 043
043	Boys U16 - W6 250m	Champ Final		11:04 am	
044	Girls U16 - W6 250m	Social Final		11:07 am	See Race 045



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RACE	EVENT	ROUND	EST. START	PROGRESSIONS	
045	Girls U16 - W6 250m	Saucer Final	11:11 am	See Race 046	
046	Girls U16 - W6 250m	Bowl Final	11:15 am	See Race 047	
047	Girls U16 - W6 250m	Plate Final	11:19 am	See Race 048	
048	Girls U16 - W6 250m	Champ Final	11:23 am		
049	Girls U19 - W6 250m	Bowl Final	11:27 am	See Race 050	
050	Girls U19 - W6 250m	Plate Final	11:30 am	See Race 051	
051	Girls U19 - W6 250m	Champ Final	11:33 am		
052	Boys U19 - W6 250m	Bowl Final	11:36 am	See Race 053	
053	Boys U19 - W6 250m	Plate Final	11:39 am	See Race 054	
054	Boys U19 - W6 250m	Champ Final	11:42 am		
Lunch Break / Move to 500m start line					
055	Boys U16 - W6 500m	Heat	1 / 4	12:15 pm	
056	Boys U16 - W6 500m	Heat	2 / 4	12:20 pm	
057	Boys U16 - W6 500m	Heat	3 / 4	12:25 pm	
058	Boys U16 - W6 500m	Heat	4 / 4	12:30 pm	See Race 071
059	Girls U16 - W6 500m	Heat	1 / 5	12:35 pm	
060	Girls U16 - W6 500m	Heat	2 / 5	12:40 pm	
061	Girls U16 - W6 500m	Heat	3 / 5	12:45 pm	
062	Girls U16 - W6 500m	Heat	4 / 5	12:50 pm	
063	Girls U16 - W6 500m	Heat	5 / 5	12:55 pm	See Race 075
064	Girls U19 - W6 500m	Heat	1 / 4	1:00 pm	
065	Girls U19 - W6 500m	Heat	2 / 4	1:05 pm	
066	Girls U19 - W6 500m	Heat	3 / 4	1:10 pm	
067	Girls U19 - W6 500m	Heat	4 / 4	1:15 pm	See Race 080
068	Boys U19 - W6 500m	Heat	1 / 3	1:20 pm	
069	Boys U19 - W6 500m	Heat	2 / 3	1:25 pm	
070	Boys U19 - W6 500m	Heat	3 / 3	1:30 pm	See Race 083
071	Boys U16 - W6 500m	Saucer Final	1:35 pm	See Race 072	
072	Boys U16 - W6 500m	Bowl Final	1:40 pm	See Race 073	
073	Boys U16 - W6 500m	Plate Final	1:45 pm	See Race 074	
074	Boys U16 - W6 500m	Champ Final	1:50 pm		
075	Girls U16 - W6 500m	Social Final	1:55 pm	See Race 076	
076	Girls U16 - W6 500m	Saucer Final	2:00 pm	See Race 077	
077	Girls U16 - W6 500m	Bowl Final	2:05 pm	See Race 078	
078	Girls U16 - W6 500m	Plate Final	2:10 pm	See Race 079	
079	Girls U16 - W6 500m	Champ Final	2:15 pm		
080	Girls U19 - W6 500m	Bowl Final	2:20 pm	See Race 081	
081	Girls U19 - W6 500m	Plate Final	2:25 pm	See Race 082	
082	Girls U19 - W6 500m	Champ Final	2:30 pm		
083	Boys U19 - W6 500m	Bowl Final	2:35 pm	See Race 084	
084	Boys U19 - W6 500m	Plate Final	2:40 pm	See Race 085	
085	Boys U19 - W6 500m	Champ Final	2:45 pm		